GB
English

RO
Romanian

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries: Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [*Amygdalus communis L.*], Hazelnut [*Corylus avellana*], Walnut [*Juglans regia*], Cashew [*Anacardium occidentale*], Brazil nut [*Bertholletia excelsa*], Pecan nut [*Carya illinoiesis (Wangenh.) K. Koch*], Pistachio nut [*Pistacia vera*], Macadamia nut and Queensland nut [*Macadamia ternifolia*] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO_2.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

ECC Germany / Kiel • Willestr. 4 - 6 • D-24103 Kiel
☏ +49 – 431 / 971 93 50 • 🖷 +49 – 431 / 971 93 60
www.evz.de • info.kiel@evz.de

Sunt alergic la ...

cooked	***gătit***
dry	***uscat***
fresh	***proaspăt***
raw	***neprelucrat***

(baker's) yeast	**drojdie**
alcohol	**alcool**
almond	**migdală**
anchovy	**hamsie; sardea; anşoa**
anise; aniseed	**anason**
apple	**măr**
apricot	**caisă**
avocado	**avocado**
banana	**banană**
barley	**orz**
basil	**busuioc**
bean	**fasole**
beef	**carne de vită**
beer	**bere**
brazil nut	**nucă de Brazilia**
broccoli	**brocoli**
buckwheat	**grâu negru**
caraway	**chimen**
cardamom	**cardamon**
carrot	**morcov**
cashew nut	**nucă de acaju**
cayennepepper	**ardei iute**
celery	**ţelină**
cheese	**brânză**
cherry	**cireşe**
chicken	**Carne de pui**
chicory	**cicoare**
chilipepper	**ardei iute**
chocolate	**ciocolată**
cinnamon	**scorţişoară**
cocoa powder	**cacao**
coconut	**cocos**
cod	**cod**
coriander	**coriandru**
cornflour; cornstarch	**mălai**
crab	**crab**
crab	**măr pădureţ**
cucumber	**castravete**
curry	**curry**
date	**curmală**
dill	**mărar**
egg	**ouă**
escargot	**?**
fennel seed	**chimen**
fig	**smochină**
fish	**peşte**
flour	**făină**
garlic	**usturoi**
gherkin	**castravecior**
ginger	**ghimbir**
gluten	**gluten**
grape	**struguri**
grapefruit	**grapefruit**
haddock	**batog**
hazelnut	**alune de pădure**
herb	**plante medicinale**
herring	**hering**
honey	**miere**
kamut	**grâu mare**
kiwi	**kiwi**
lamb	**miel (carne)**
lemon	**lămâi**
lentil	**linte**
lobster	**homar**
lovage	**leuştean**
macadamia nut	**nuci de macadamia**
mackerel	**scrumbie albastră**
mango	**mango**
marjoram	**sovârv**
marzipan	**marţipan**
meat	**carne**
melon	**pepene galben**
milk (cow)	**lapte de vacă**
mugwort	**peliniţă**
mushroom	**ciuperci**
mussel	**midii**
mustard	**muştar**
mutton	**oaie (carne)**
nut	**nucă**
nutmeg	**miez de nucă**
oats	**ovăz**
onion	**ceapă**
orange	**portocală**
oregano	**oregano**
oyster	**stridie**
papaya; pawpaw	**papaya**
paprika	**paprika**
parsley	**pătrunjel**
pea	**mazăre**
peach	**piersică**
peanut	**alună americană**
pear	**pară**
pecan nut	**nuci pecan**
pepper	**piper**
peppermint	**mentă**
perch	**biban**
pineapple	**ananas**
pistachio	**fistic**
plaice	**calcan**
plum	**prune**
poppy; poppy seed	**mac**
pork	**carne de porc**
potato	**cartofi**
prawn	**crevete**
quince	**gutui**
rice	**orez**
rye	**secară**
sage	**pelin**
salmon	**somon**
sesame seeds	**susan**
shrimp	**crevete**
soybeans; soya bean	**soia**
spelt	**grâu spelt**
spice	**alimente condimentate / iuţi**
spinach	**spanac**
stinging nettle	**despărţit**
strawberry	**căpşuni**
sulphites	**sulfiţi**
sulphur dioxide	**dioxid de sulf**
sunflower seed	**seminţe de floarea soarelui**
sweet chestnut	**castane**
tarragon	**tarhon**
thyme	**cimbru**
tomato	**roşii**
trout	**crap**
tuna fish	**ton**
vanilla	**vanilie**
walnut	**nuci**
wheat	**grâu**
wine	**vin**