



GB

English



NL

Dutch

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- o This is not valid for the following countries: Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [*Amygdalus communis* L.], Hazelnut [*Corylus avellana*], Walnut [*Juglans regia*], Cashew [*Anacardium occidentale*], Brazil nut [*Bertholletia excelsa*], Pecan nut [*Carya illinoensis* (Wangenh.) K. Koch], Pistachio nut [*Pistacia vera*], Macadamia nut and Queensland nut [*Macadamia ternifolia*] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

Ik ben allergisch voor ...

<i>cooked</i>	gekookt
<i>dry</i>	gedroogd
<i>fresh</i>	vers
<i>raw</i>	rauw
(baker's) yeast	gist
alcohol	alcohol
almond	amandel
anchovy	ansjovis
anise; aniseed	anijs
apple	appel
apricot	abrikoos
avocado	avocado
banana	banaan
barley	gerst
basil	basilicum
bean	boon
beef	rundvlees
beer	bier
brazil nut	paranoot
broccoli	broccoli
buckwheat	boekweit
cantaloupe	meloen
caraway	karwij; kummel; komijn
cardamom	kardemom
carrot	peen; wortel
cashew nut	cashewnoot
cayennepepper	chilipoeder
celery	selderij
cheese	kaas
cherry	kers
chicken	kippevlees
chicory	cichorei
chilipepper	chilipoeder
chocolate	chocolade
cinnamon	caneel
cocoa powder	cacao
coconut	kokosnoot
cod	dors; jonge kabeljauw

coriander	koriander
cornflour; cornstarch	mais
crab	krab
crab	kreeft
cucumber	komkommer
curry	kerrie
date	dadel
dill	dille
egg	ei
escargot	wijngaardslak
fennel seed	venkel; venkelzaad
fig	vijg
fish	vis
flour	meel
garlic	knoflook
gherkin	komkommer
ginger	gember
gluten	gluten
grape	druif
grapefruit	grapefruit; pomelo
haddock	schelvis
hazelnut	hazelnoot
herb	kruiden
herring	haring
honey	honing
kamut	kamut
kiwi	kiwi
lemon	citroen
lentil	linze
lobster	zeekreeft
lovage	lavas
macadamia nut	macadamianoten
mackerel	makreel
mango	mango
marjoram	majoraan
marzipan	marsepein
meat	vlees
melon	meloen
milk (cow)	melk (koe)
mugwort	bijvoet
mushroom	champignon
mussel	(eetbare) mossel
mustard	mosterd
mutton	schapevlees
nut	noot
nutmeg	nootmuskaat
oats	haver
onion	ui
orange	sinasappel
oregano	oregano
oyster	oester
papaya; pawpaw	papaja
paprika	paprika
parsley	peterselie
pea	erwt

peach	perzik
peanut	pinda
pear	peer
pecan nut	pekanoot
pepper	paprika
peppermint	pepermunt
perch	baars
pineapple	ananas
pistachio	pistachenoten
plaice	schol
plum	pruim
poppy; poppy seed	maanzaad
pork	varkensvlees
potato	aardappel
prawn	garnaal
quince	kweeappel; kweeper
rice	rijst
rye	rogge
sage	salie
salmon	zalm
sesame seeds	sesam
shrimp	garnaal
soybeans; soya bean	sojaboon
spelt	spelt
spice	specerijen
spinach	spinazie
stinging nettle	brandnetel
strawberry	aardbei
sulphites	sulfieten
sulphur dioxide	zwaveldioxyde
sunflower seed	zonnebloempitten
sweet chestnut	tamme kastanje
tarragon	dragon
thyme	tijm
tomato	tomaat
trout	forel
tuna fish	tonijn
vanilla	vanille
walnut	walnoot
wheat	tarwe
wine	wijn
yeast	gist

