

**GB**

English

**FIN**

Finnish

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries: Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [*Amygdalus communis* L.], Hazelnut [*Corylus avellana*], Walnut [*Juglans regia*], Cashew [*Anacardium occidentale*], Brazil nut [*Bertholletia excelsa*], Pecan nut [*Carya illinoensis* (Wangenh.) K. Koch], Pistachio nut [*Pistacia vera*], Macadamia nut and Queensland nut [*Macadamia ternifolia*] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

Minulla on ... allergia ...

<i>cooked</i>	keitetty
<i>dry</i>	kuiva
<i>fresh</i>	tuore
<i>raw</i>	raaka
(baker's) yeast	hiiva
alcohol	alkoholi
almond	manteli
anchovy	anjovis
anise; aniseed	anis
apple	omena
apricot	aprikoosi
avocado	avokado
banana	banaani
barley	ohra
basil	basilika
bean	papu
beef	naudanliha
beer	olut
brazil nut	parapähkinä
broccoli	parsakaali
buckwheat	tattari
cantaloupe	meloni
caraway	kumina
cardamom	kardemumma
carrot	porkkana
cashew nut	cashewpähkinä
cayennepepper	cayennepippuri
celery	selleri
cheese	juusto
cherry	kirsikka
chicken	kananliha
chicory	sikuri
chilipepper	cayennepippuri
chocolate	suklaa
cinnamon	kaneli
cocoa powder	kaakao
coconut	kookospähkinä
cod	turska
coriander	korianteri
cornflour; cornstarch	maissijauho

crab	katkarapu
crab	äyriäiset; rapu
cucumber	kurkku
curry	curry
date	taateli
dill	tilli
egg	kananmuna; muna
escargot	viinimäkikotilo
fennel seed	fenkoli
fig	viikuna
fish	kala
flour	jauho
garlic	valkosipuli
gherkin	kurkku
ginger	inkivääri
gluten	gluteeni
grape	viinirypäle
grapefruit	greippi
haddock	kolja
hazelnut	hasselpähkinä
herb	yrtti
herring	silakka; silli
honey	hunaja
kamut	kamut-vehnä
kiwi	kiivi
lamb	lammas
lemon	sitruuna
lentil	linssi
lobster	hummeri
lovage	liperi
macadamia nut	macadamianut
mackerel	makrilli
mango	mango
marjoram	meirami
marzipan	marsipaani
meat	liha
melon	meloni
milk (cow)	maito (lehmän)
mugwort	maruna; pujo
mushroom	herkkusieni
mussel	sinisimpukka; simpukka
mustard	sinappi
mutton	lampaanliha
nut	pähkinä
nutmeg	muskottipähkinä
oats	kaura
onion	sipuli
orange	appelsiini
oregano	mäkimeirami; oregano
oyster	osteri
papaya; pawpaw	papaija
paprika	paprika
parsley	persilja

pea	herne
peach	persikka
peanut	maapähkinä
pear	päärynä
pecan nut	pekaanipähkinä
pepper	paprika
peppermint	piparminttu
perch	ahven
pineapple	ananas
pistachio	(manteli)pistaasi
plaice	punakampela
plum	luumu
poppy; poppy seed	unikko; unikonsiemen
pork	sianliha
potato	peruna
prawn	katkarapu
quince	kvitteni
rice	riisi
rye	ruis
sage	salvia
salmon	lohi
sesame seeds	seesaminsien
shrimp	katkarapu
soybeans; soya bean	soija
spelt	speltti
spice	mauste
spinach	pinaatti
stinging nettle	nokkonen
strawberry	mansikka
sulphites	sulfiitti
sulphur dioxide	rikkidioksidi
sunflower seed	auringonkukan siemen
sweet chestnut	jalokastanja
tarragon	rakuuna
thyme	tarha-ajuruoho; timjami
tomato	tomaatti
trout	taimen
tuna fish	tonnikala
vanilla	vanilja
walnut	saksanpähkinä
wheat	vehnä
wine	viini
yeast	hiiva