



GB

English



F

French

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- o This is not valid for the following countries: Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [*Amygdalus communis* L.], Hazelnut [*Corylus avellana*], Walnut [*Juglans regia*], Cashew [*Anacardium occidentale*], Brazil nut [*Bertholletia excelsa*], Macadamia nut and Queensland nut [*Macadamia ternifolia*] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

Je suis allergique à ...

<i>cooked</i>	cuit
<i>dry</i>	sec
<i>fresh</i>	frais / fraîche
<i>raw</i>	cru
(baker's) yeast	levure
alcohol	alcool
almond	amande
anchovy	anchois
anise; aniseed	anis
apple	pomme
apricot	abricot
avocado	avocat
banana	banane
barley	orge
basil	basilic
bean	haricot
beef	boeuf
beer	bière
brazil nut	noix du Brésil
broccoli	brocoli
buckwheat	sarrasin
cantaloupe	melon
caraway	cumin
cardamom	cardamome
carrot	carotte
cashew nut	noix de cajou
cayennepepper	chili
celery	céleri
cheese	fromage
cherry	cerise
chicken	poulet
chicory	chicorée
chilipepper	chili
chocolate	chocolat
cinnamon	cannelle
cocoa powder	cacao
coconut	noix de coco
cod	cabillaud
coriander	coriandre
cornflour; cornstarch	farine de maïs

crab	crabe
crab	crabe; écrevisse
cucumber	concombre
curry	curry
date	datte
dill	aneth
egg	oeuf
escargot	escargot
fennel seed	fenouil semence
fig	figue
fish	poisson
flour	farine
garlic	ail
gherkin	concombre
ginger	gingembre
gluten	gluten
grape	raisin
grapefruit	pamplemousse
haddock	églefin
hazelnut	noisette
herb	herbes
herring	hareng
honey	miel
kamut	kamut
kiwi	kiwi
lemon	citron
lentil	lentilles
lobster	homard
lovage	livèche
macadamia nut	noix de Macadamia
mackerel	maquereau
mango	mangue
marjoram	marjolaine
marzipan	massepain
meat	viande
melon	melon
milk (cow)	lait (vache)
mugwort	armoise
mushroom	champignon
mussel	moule; palourde
mustard	moutarde
mutton	agneau; mouton
nut	fruits à coques
nutmeg	noix muscade
oats	avoine
onion	oignon
orange	orange
oregano	origan
oyster	huître
papaya; pawpaw	papaye
paprika	piment
parsley	persil
pea	pois
peach	pêche
peanut	arachides

pear	poire
pecan nut	noix de pécan
pepper	piment; poivre
peppermint	menthe
perch	perchaude
pineapple	ananas
pistachio	pistaches
plaiice	plie
plum	prune
poppy; poppy seed	pavot
pork	porc
potato	pomme de terre
prawn	crevette
quince	coing
rice	riz
rye	seigle
sage	sauge
salmon	saumon
sesame seeds	graines de sésame
shrimp	crevette
soybeans; soya bean	soja
spelt	épeautre
spice	épice
spinach	épinard
stinging nettle	ortie
strawberry	fraise
sulphites	sulfites
sulphur dioxide	anhydride sulfureux
sunflower seed	graine de tournesol
sweet chestnut	marron
tarragon	estragon; herbe dragonne
thyme	thym
tomato	tomate
trout	truite
tuna fish	thon
vanilla	vanille
walnut	noix
wheat	blé
wine	vin
yeast	levure