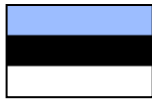


**GB**

English

**EST**

Estonian

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries: Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [*Amygdalus communis* L.], Hazelnut [*Corylus avellana*], Walnut [*Juglans regia*], Cashew [*Anacardium occidentale*], Brazil nut [*Bertholletia excelsa*], Pecan nut [*Carya illinoensis* (Wangenh.) K. Koch], Pistachio nut [*Pistacia vera*], Macadamia nut and Queensland nut [*Macadamia ternifolia*] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

Ma olen allergiline ... suhtes

<i>cooked</i>	<i>küpsetatud</i>
<i>dry</i>	<i>kuiv</i>
<i>fresh</i>	<i>värske</i>
<i>raw</i>	<i>toores</i>
(baker's) yeast	pärm
alcohol	alkohol
almond	mandel
anchovy	anšoovis
anise; aniseed	aniis
apple	õun
apricot	aprikoos
avocado	avokaado
banana	banaan
barley	odrajahu
basil	basiilika
bean	uba
beef	veiseliha; loomaliha
beer	õlu
brazil nut	parapähkel; brasiilia pähkel
broccoli	brokoli
buckwheat	tatar
cantaloupe	melon
caraway	köömned
cardamom	kardemon
carrot	karott; porgand; suviporgand
cashew nut	kašupähkel
cayennepepper	punapipar
celery	seller
cheese	juust
cherry	kirss; murel
chicken	kanaliha
chicory	sigur; sigurid
chillipepper	punapipar
chocolate	šokolaad
cinnamon	kaneel
cocoa powder	kakao
coconut	kookospähkel
cod	tursk; tursakala

coriander	koriander
cornflour; cornstarch	maisijahu
crab	krabi
crab	vähk
cucumber	kurk
curry	karri
date	dattel
dill	till
egg	muna
escargot	viinamäetigu
fennel seed	mustköömned
fig	viigimari
fish	kala
flour	jahu
garlic	küüslauk
gherkin	kurk
ginger	ingver
gluten	gluteen; liimvalk
grape	viinamari
grapefruit	greip; greipfruit
haddock	pikšakala
hazelnut	sarapuupähkel
herb	ürt; ravimtaim
herring	heeringas
honey	mesi
kamut	kamut
kiwi	kiivi
lemon	sidrun
lentil	lääts
lobster	merivähk
lovage	leeskpudk
macadamia nut	makadamipähklid
mackerel	makrell
mango	mango
marjoram	majoraan
marzipan	martsipan
meat	liha
melon	melon
milk (cow)	piim (lehma)
mugwort	puju
mushroom	šampinjon
mussel	rannakarp; jõekarp; karp; teokarp
mustard	sinep
mutton	lambaliha
nut	pähkel
nutmeg	muskaatpähkel
oats	kaer
onion	sibul
orange	apelsin
oregano	oregano
oyster	auster
papaya; pawpaw	papaia
paprika	paprika; punane pipar

parsley	petersell
pea	hernes
peach	virsik; persik
peanut	maapähkel; arahhis
pear	pirn
pecan nut	pekani-hikkoripähkel
pepper	paprika kaun; must pipar
peppermint	piparmünt
perch	ahven
pineapple	ananass
pistachio	pistaatsiamandel
plaice	kammeljas; lest
plum	ploom
poppy; poppy seed	moon; mooniseemned
pork	sealiha
potato	kartul
prawn	garneel; krevett
quince	küdoonia
rice	riis
rye	rukkijahu
sage	salvei
salmon	löhe
sesame seeds	seesami seemned
shrimp	garneel; krevett
soybeans; soya bean	sojauba
spelt	okasnisu
spice	vürts
spinach	spinat
stinging nettle	körvenõges
strawberry	maasikas
sulphites	sulfit; väävlisshappe sool
sulphur dioxide	vääveldioksiid
sunflower seed	päevalille seemned
sweet chestnut	kastan
tarragon	estragon
thyme	aed-liivatee; tüümian
tomato	tomat
trout	forell
tuna fish	tuunikala
vanilla	vanilje
walnut	kreeka pähkel
wheat	nisujahu
wine	vein
yeast	pärm

