



GB
English



DK
Danish

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries: Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [*Amygdalus communis* L.], Hazelnut [*Corylus avellana*], Walnut [*Juglans regia*], Cashew [*Anacardium occidentale*], Brazil nut [*Bertholletia excelsa*], Pecan nut [*Carya illinoensis* (Wangenh.) K. Koch], Pistachio nut [*Pistacia vera*], Macadamia nut and Queensland nut [*Macadamia ternifolia*] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

Jeg er allergisk imod ...

<i>cooked</i>	<i>kogt</i>
<i>dry</i>	<i>tørret</i>
<i>fresh</i>	<i>frisk</i>
<i>raw</i>	<i>rå</i>
(baker's) yeast	gær
alcohol	alkohol
almond	mandel
anchovy	ansjovs
anise; aniseed	anis
apple	æble
apricot	abrikos
avocado	avocado
banana	banan
barley	byg
basil	basilikum
bean	bønne
beef	oksekød
beer	øl
brazil nut	paranød
broccoli	broccoli
buckwheat	boghvede
cantaloupe	melon
caraway	kommen
cardamom	kardemomme
carrot	gulerod
cashew nut	cashewnød
cayennepepper	chilli
celery	selleri
cheese	ost
cherry	kirsebær
chicken	høsekød
chicory	cikorie
chilipepper	chilli
chocolate	chokolade
cinnamon	kanel
cocoa powder	kakao
coconut	kokosnød
cod	torsk
coriander	koriander
cornflour; cornstarch	majs

crab	krabbe
crab	kræbs
cucumber	agurk
curry	karry
date	daddel
dill	dild
egg	æg
escargot	vinbjergsnegl
fennel seed	fennikelfrø
fig	figen
fish	fisk
flour	mel
garlic	hvidløg
gherkin	agurk
ginger	ingefær
gluten	gluten
grape	vindrue
grapefruit	grapefrugt
haddock	kuller
hazelnut	hasselnød
herb	urter
herring	sild
honey	honning
kamut	kamut
kiwi	kiwi
lemon	citron
lentil	linse
lobster	hummer
lovage	løvstikke
macadamia nut	macadamianød
mackerel	makrel
mango	mango
marjoram	merian
marzipan	marcipan
meat	kød
melon	melon
milk (cow)	mælk (ko)
mugwort	grå bynke
mushroom	champignon
mussel	blåmusling; musling
mustard	sennep
mutton	fårekød
nut	nød
nutmeg	muskatnød
oats	havre
onion	løg
orange	appelsin
oregano	oregano
oyster	østers
papaya; pawpaw	papaya
paprika	paprika
parsley	persille
pea	ært
peach	fersken
peanut	jordnød

pear	pære
pecan nut	pekannød
pepper	peperfrukt; peber
peppermint	pebermynte
perch	aborre
pineapple	ananas
pistachio	pistacienød
plaice	rødspætte
plum	blomme
poppy; poppy seed	valmue
pork	svinekød
potato	kartoffel
prawn	rejer
quince	kvæde
rice	ris
rye	rug
sage	salvie
salmon	laks
sesame seeds	sesam
shrimp	rejer
soybeans; soya bean	soja
spelt	spelt
spice	krydderier
spinach	spinat
stinging nettle	stor nælde
strawberry	jordbær
sulphites	sulfit
sulphur dioxide	svovldioxid
sunflower seed	solsikkekerner
sweet chestnut	spiselig kastanje
tarragon	estragon
thyme	timian
tomato	tomat
trout	ørred
tuna fish	tun (tunfisk)
vanilla	vanille
walnut	valnød
wheat	hvede
wine	vin
yeast	gær